

Thank you for your interest in the Diploma in Narrative Therapy and Community Work. Please note that the registrations for 2024-25 are open till 15th April 2024

THE FACULTY

General Information about the faculty, Dulwich Centre, and Children First

Dulwich Centre Foundation

Dulwich Centre Foundation in Adelaide, Australia, is one of the key ‘homes’ of narrative practice. The centre is involved in narrative approaches to therapy and community work, training, publishing, supporting practitioners in different parts of the world, and co-authoring international conferences.

www.dulwichcentre.com.au

Children First

Children First (CF) is a Child and Adolescent Mental Health Institute in Delhi & Gurugram, India. CF is a multidisciplinary team of mental health professionals. Their roles chiefly involve therapy, community work, and training among other areas of work.

Dulwich Centre Training Faculty and the faculty at Children First will work as a collective in this course.

The Course

This course will begin in May 2024 with three days of training. Thereafter there will be 6 more teaching blocks in the year ahead. In total, there will be 17 days of direct training besides which there will be a requirement to read continuously and submit written reflections based on the readings. Feedback will be provided on these written reflections throughout the year.

KEY ASPECTS OF THE COURSE

Overall structure

This program will consist of:

1. This course will begin in May 2024 with three days of training. Thereafter there will be 6 more teaching blocks in the year ahead. In total, there will be 17 days of direct training besides which there will be a requirement to read continuously and submit written reflections based on the readings. Feedback will be provided on these written reflections throughout the year.
2. There will be a requirement to read continuously and submit written reflections on how the participants are using narrative ideas in their practice. Supervision feedback will be provided on these written reflections throughout the year.

3. There will be 6 online supervision sessions of 3 hours each
4. Project work – for Diploma students
5. Video/audio recordings of the session – for Diploma students only

Overall, it will be a skills-based course in narrative approaches to therapy and community work. In this way, it will be quite specific and rigorous. And will be most helpful for psychologists, therapists, counselors, teachers, mental health social workers, and psychiatrists. There will be an opportunity to be part of the Narrative Collective after the completion of the one-year course.

The participants can opt for either of the two courses:

- 1) One Year Program in Narrative Therapy & Community Work
- 2) Diploma in Narrative Therapy & Community Work- The course work and the duration are the same as described for the one-year course. Additionally, those who Successfully complete the Diploma will then be eligible for recognition of prior learning for one subject (i.e., they will be exempted from one subject out of 3 subjects) of the Master of Narrative Therapy and Community Work from the University of Melbourne (more details later).

Diploma participants will get additional training and supervision:

- Participants will submit two recordings of 15 minutes of their practice, with transcription and analysis, and receive supervision.
- Write a 5000-word project about how the participants have used narrative practice in their work over the year. This project aims to support practitioners to be able to strengthen and be more skilled in using narrative ideas and practices in their context creatively.
- The Diploma participants will be exempted from one subject (out of 3) if they want to pursue a Masters in Narrative Therapy and Community Work from the University of Melbourne (cost would be readjusted accordingly).

TRAINING DATES

Dates	Timings
May 2024 – 3 days – 2nd, 3rd, 4th	10 am to 5 pm (IST)
July 2024- 3 days – 4 th , 5 th , 6 th	9 am to 3 pm (IST)

September 2024 – 2 days- 20 th , 21 st	12 pm to 5 pm (IST)
December 2024 – 3 days- 5 th , 6 th , 7 th	You will get to know
March 2025 – 2 days- 7 th and 8 th	You will get to know
March 2025 - 31 st	You will get to know
April 2025 – 17 th , 18 th and 19 th	You will get to know

Supervision	
Online practice supervision afternoon/evening with the Faculty	2024 - May, July, September, November 2025 – January, February
10 written reflections supervised	Supervised by peer tutors
Diploma students receive additional supervision for the recordings and project	By Maya Sen

COURSE FEES

One Year Programme in Narrative Therapy

- Rs 52,500- with Early Bird Discount- Valid till 23rd March 2024
- Rs 62,500 thereafter

Diploma in Narrative Therapy and Community Work

- Rs 77,500- with first Early Bird Discount - Valid till 23rd March 2024
- Rs 87,500 thereafter

For more information or queries, please email us at training@childrenfirstindia.com

COORDINATORS OF THE COURSE

Cheryl White is the Director of Dulwich Centre and the founder of Dulwich Centre Publications where she works as publisher, editor, teacher, training co-ordinator, conference host, and initiator of projects. Cheryl is the author/co-editor of various books, including *A Memory Book for the Field Narrative Practice* and *Conversations about gender, culture, violence & Narrative Practice: Stories of hope and complexity from women of many cultures*.

David Denborough works as a community worker, teacher, and writer/editor for Dulwich Centre. He is particularly interested in cross-cultural partnerships that limit the chances of psychological colonization and create possibilities for cross-cultural inventions, such as the *Team of Life Narrative Approach* and *Tree of Life* (with Ncazelo Ncube-Mlilo).

Shelja Sen is a narrative therapist, writer, and co-founder of Children First Institute of Child & Youth Mental Health, New Delhi, India. She is also a co-founder of the India Mental Health Alliance (IMHA). Her latest book is entitled *Reclaim Your Life*. Shelja is a TED speaker and a columnist with Indian Express. She has been working as a narrative practitioner and teacher for over 20 years in the UK and India. She is a curator of unique skills, expertise, and know-how of children and youth she has the honor of working with. Shelja is a Tutor at Masters in Narrative Therapy and Community Work at the University of Melbourne and international faculty at Dulwich Centre, Australia.

Jonaki Arora (Master in Narrative Therapy and Community Work from Melbourne University) is a psychologist, Narrative Therapist, and the head of Mental Health Services at Children First India. She has been practicing and teaching narrative therapy for over seven years. Jonaki uses narrative ideas and principles in her work with adolescents and young people by honoring their stories and experiences.

Maya Sen is a mental health social worker and a narrative therapist based in Kolkata, West Bengal. She works primarily with young people within the context of child protection. The focus of her work has been highlighting contextual factors that sustain problems in people's lives and storying responses to hardship. Through the use of narrative practices, she hopes to bring considerations of social justice into her mental health work. Along with this, she has been associated with Kolkata Sanved – an N.G.O that has used Dance Movement Therapy to bring about social change for the last three years and is currently Assistant Program Manager. She has also been involved in Kolkata Sanved's various academic programs as a faculty and has taught modules on mental health and counseling. She has completed the Masters in Narrative Therapy and Community Work program run by the Dulwich Centre in collaboration with the University of Melbourne and is tutoring in the same program.

Faculty details:

Shelja Sen is a narrative therapist, writer, and co-founder of Children First Institute of Child & Adolescent Mental Health, New Delhi, India. Her latest book is entitled *Reclaim Your Life*. Shelja is a TED speaker and a columnist with Indian Express. She has been working as a narrative practitioner and teacher for over 20 years in the UK and India. She is a curator of the unique skills, expertise, and know-how of children and youth she has the honor of working with. Shelja is a Tutor at Masters in Narrative Therapy and Community Work at the University of Melbourne and international faculty at Dulwich Centre, Australia.

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Carolyn Markey has practiced as a Narrative Therapist with children and families since the early 90s. Trained and supervised by Michael White, she is a senior faculty teaching member at the Dulwich Centre. Over the years she has developed collaborative ways to share and teach therapeutic skills with fun rigour and creativity. Carolyn has worked in schools and non- government organizations, particularly with children and families affected by and perpetrating violence and other unjust traumatic events. Currently, she works as a team leader of 2 therapeutic teams at Relationships Australia, supporting and supervising counselors working with children affected by homelessness.

David Newman is a Narrative Therapist at Sydney Narrative Therapy. He is a senior faculty at Dulwich Centre and the author of the influential paper, Rescuing the Said from the Saying of it: Living Documentation in Narrative Therapy. He is currently passionate about working with those who are struggling with suicidal experiences, narrative approaches to mental health work, and the possibilities.

Loretta Pederson works with families in Sydney at a non-government organization. She also works in private practice and is a supervisor for tutors for the master's students in Narrative therapy and community work at the University of Melbourne. She is a part of the teaching faculty of The Dulwich Centre, teaching in Australia and overseas. This work has taken her to Singapore, China, Hong Kong, Turkey and Qatar.

Sabine Vermeire is a Systemic Therapist and a Narrative Practitioner. She is a member of staff at the Interactie-Academie, a training center for systemic psychotherapy and counseling in Antwerp (Belgium), she works as a trainer, psychotherapist, and supervisor in systemic, narrative and collaborative therapy. She is experienced in working with children, youngsters, and families in challenging contexts like attachment problems, violence, abuse, psychiatric problems, and trauma. She is also the author of Unravelling Trauma and Weaving Resilience with Systemic and Narrative Therapy: Playful Collaborations with Children, Families and Networks.

Peer Tutors – Maya Sen, Jonaki Arora along with other faculty from Children First Team. All participants will receive a course handbook in the first week of April 2024 with all the details of the course



For more information or for queries, please email us at training@childrenfirstindia.com or shelja.sen@childrenfirstindia.com