



Stay tuned for
more updates!

CHILDREN FIRST PRESENTS



Certificate Course in

Solution Focused Brief Therapy (SFBT)

**Internationally Accredited from International
Alliance of Solution Focused Training Institutes
(IASFI)**



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Duration:

Covered in 3 phases: **January 22 - March 20, 2021.**

Who can apply?

Mental health professionals, counsellors, therapists, educators, parents and students (pursuing or completed post-graduation)

What is SFBT?



- SFBT is a **respectful, possibility, and future oriented** way of working with people.
- At its core is a belief that **people are the real experts in their lives**, and they have the **skills and strengths** to find their **unique solutions**.
- Therapists' role is to **be the facilitators in their clients' journey** towards their preferred future.
- It has been used **effectively** in the areas of mental health, community work, education, and coaching across the globe.