



## Certificate Course On Narrative Therapy

Date: 4th, 5th and 6th April Time: 10 am to 4 pm Venue: Children First, Safdarjung Enclave



If you are a counselor, therapist, psychologist, psychiatrist, teacher, special educator, or just a student of life and you are keen to enhance and transform the way you work and live then this course is for you.



Dr. Shelja Sen, Family Therapist

## COURSE TRAINERS



Ms. Jonaki Arora, Therapist





## **COURSE CONTENTS**

- Introduction to Narrative Therapy
- Externalization
- Re-membering & Re-authoring conversations
- Scaffolding conversations
- Outside Witness Groups
- Tree of Life: Use of art in narrative form to heal trauma in children

The course is "hands on" (80% skill building and 20% theory).

The main tools for learning will be role-plays, story telling, play, group discussions and video/movie clips.

As this is an intensive course – the group size will be small





## REGISTRATION AND FEE

- Please send in your registrations to Mr Puneet Chityal at this address: A/2/35 Safdarjung Enclave New Delhi 110029
- The cheque should be payable to Children First Mental Health Institute Private Ltd.
- For online payment details, cancellation policies, payment through installments and further enquiries regarding the course, email our Training Coordinators at training@childrenfirstindia.com
- The total fee of the course is Rs 11500. Payment includes Dr Sen's book Reclaim Your Life along with lunch, tea/coffee, reading material. 10% discount available for early bird registrations (till 15th March 2019).

