

Faculty: Dr Shelja Sen & Ms Jonaki Arora

**Calling All Therapists, Counsellors, Teachers
& Students of Life!**

15 & 16 FEB, 15 & 16 MARCH, A 2/25 SAFDARJUNG ENLCAVE , NEW DELHI

PHASE 1- 15 & 16 FEB 2019

FACE TO FACE TRAINING

Main Elements of SFBT

- Setting Goals
- Scaling
- Visualisation
- Art of Panning for Gold
- Wrap up & Feedback

- Role Plays
- Case Discussions
- Focused Group
- Discussions
- Therapy Videos

PHASE 2 - ONLINE - 17 FEB TO 14 MARCH 2019



DAILY LOGS -

- Reading material +
- Free Reclaim Your Life Book
- Writing assignment
- Personal reflection

PHASE 3 - 15 & 16 MARCH 2019

FACE TO FACE TRAINING

- Trainee presentation
- Role Plays
- Case Study presentations
- Certificate accredited by IASTI

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